

adults
plus



Myers Park United Methodist Church
News

Programs and activities for adults over 55, especially retired persons

Adults Plus! Spring 2004

From Your Chairpersons
Bill and Marie Pearce

Recently I heard a 50-year-old colleague, a Baby Boomer, report the discovery that she had arrived as an older adult with the arrival of a grandchild while continuing to have caring responsibilities for aging parents. Marie remembers students in elementary school who acted like old people, including one girl who both acted and looked like an old woman. My dad, when he was nearing 100 years of age, used to talk about the "old people" who lived in the same facility he lived in though they were mostly in their late 60's and 70's!

Everyone is aging! Despite the promises and promotions of the cosmetic and pharmaceutical companies, the plastic surgeons, and the advertising industry, aging is a reality for all who are living. Aging is more a matter of attitude than simply the number of years marked off the calendar!

Many of today's churches are lagging behind in planning for ministries by, with and for older adults. While they have focused on ministries for children and youth and younger families, they have failed to recognize that the older adult population has been quietly growing in numbers. Churches are discovering that just as age-specific programming is needed for children and youth, generation-specific programming may be needed for older adults if they are going to reach the older adults in the church and community. The term "older adults" covers a span of 60+ years chronologically, and their needs are different!

Adults Plus! is the only common meeting ground for all older adults aside from congregational worship, Sunday School classes, study groups such as DISCIPLE groups, and some service projects in Myers Park United Methodist Church. Your Adults Plus! Council strives to provide interesting and often informative programs, activities such as day trips and extended travel opportunities, service projects, and healthy meals within a community of faith.

Older adults from several of the adult Sunday School classes with other adults within the church and in the greater Charlotte community make the third Wednesday of the month a priority on their calendars. They have found the programs and activities offer entertainment, information, and fellowship within the community of faith.

Come join in the fun! We welcome you to the fellowship and fun of **Adults Plus!**



Adults Plus! March 17th Meeting

Jerry Shinn, Writer, Author and Former Reporter Presents the History of Carolinas Medical Center

Members of Adults Plus! are in for another treat at their March 17 meeting when former Charlotte Observer Associate Editor Jerry Shinn presents a review of his book A GREAT PUBLIC COMPASSION: THE STORY OF CHARLOTTE MEMORIAL HOSPITAL AND CAROLINAS MEDICAL CENTER. Get this first hand review of a vital part of Charlotte's history. Jerry has won several North Carolina Press Association awards for his editorials and columns. Born in Charlotte, he is a Phi Beta Kappa and honors graduate of the University of North Carolina at Chapel Hill. He and his wife Anne live in Charlotte. They have two children and two grandchildren.

The March 17 meeting will begin at 10:30 AM in room 107 of the Parish Life Building. Lunch will follow at 12:00 noon (\$5.00 per person and reservations required) in Jubilee Hall. For reservations, call 704-376- 5520, extension 5200 by noon on Tuesday, March 16 (note the new deadline for lunch reservations is on Tuesday at noon).

Western North Carolina
Conference Event
In Hickory

Making Disciples As Older Adults

Tuesday, May 25, 2004

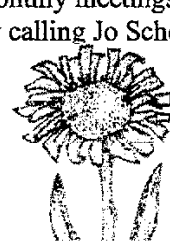
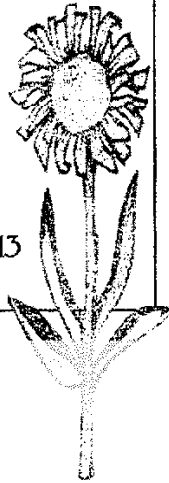
\$10

Keynote Speaker:
Evelyn Laycock

For details contact Barbara Barden at
bbarden@mpumc.org or 704-295-4813

EMERGENCY HEALTH KITS

Our goal again for this year is the completion 100 emergency health kits. Our kits are combined with others from area churches and sent where the Western North Carolina Conference determines the needs are the greatest. As Christians, we are commissioned go out into the world as witnesses of our faith list of ways to contribute is available at our monthly meetings, Barbara Barden's office, c by calling Jo Schofield at 704.372.5689.



Upcoming Adults Plus! Programs

Adults Plus! meets at MPUMC Room 107 at 10:30AM every third Wednesday of the month from September to May, so mark your calendars and plan to be here. Call the reservation line at 704-376-5520 ext. 5200 for lunch reservations.

The upcoming programs will be:

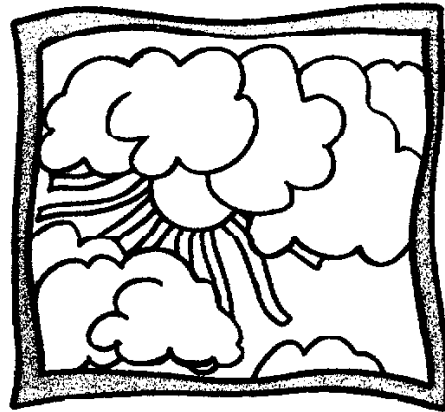
March 17 - Jerry Shinn, author

(see article in this newsletter)

April 21 - Steve Eason speaking on John Wesley

May 19 - Anne Micheal

June 16 - Picnic lunch at the McIntosh's lake home



Spiritual Life Retreat

Oct. 11 - Oct. 13, 2004

Optional add-on:

Great Smokey Mountains Train Trip

Oct. 13 - Oct. 14, 2004

Speaker: Rev. Marvin Cropey
from United Methodist Publishing House
Editor of *Mature Years*

Registrations will be accepted beginning March 17th at Adults Plus! meeting.

Cost: Spiritual Life Retreat Only:

*\$135/person double occupancy or *\$155 single occupancy

With Great Smoky Mountains Railroad trip:

*\$255/person double occupancy or *\$295 single occupancy

*Transportation from Charlotte to Lake Junaluska is not included; the cost for transportation in a church van will be \$15.00 in addition to the cost of the trip shown above (please indicate at time of registration if van transportation needed). Carpooling encouraged due to limited availability of seats on the church vans.

50% Deposit due with registration

Final Payment Due on Sept. 10, 2004

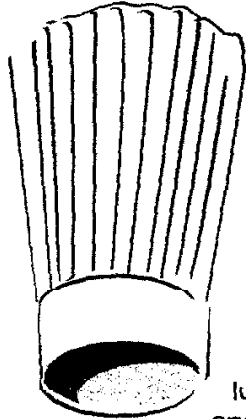
No refunds after Friday, September 10th

Registration forms will be available on March 17th

120

155
120

175



SPRING INTO SPRING WITH ADULTS PLUS!

Get your taste buds ready for a treat when you join Adults Plus! for a fabulous gourmet luncheon at CPCC on Tuesday, April 13.

Adults Plus! has arranged for a four or five course luncheon hosted by the CPCC Hospitality Group. Following lunch, the group will visit the Carolina Raptor Center at Latta Plantation.

The cost of the trip is \$28 which includes transportation, luncheon, tour fee, a contribution to the CPCC Hospitality Group and bus driver gratuity. All interested church members are invited to join us.

The bus will leave the Hopewell Street entrance to the church parking lot at 10:45AM and return before 4:30PM.

To make your reservation, send a check (\$28.00 per person) to Nancy Holmes, payable to MPUMC for Adults Plus! tour. Reservations close after first 40 checks have been received. If you have questions, call Nancy Holmes at 704-295-4815.

TREAT YOURSELF TO A GOURMET LUNCH WITH ADULTS PLUS!



Phone: 376-8584
Fax: 376-0423
Reservations Line: 376-5520
Web Site: www.mpumc.org

Myers Park United Methodist Church
1020 Providence Road
P.O. Box 6161
Charlotte, North Carolina 28207-6161

